

Sugaring Hair Removal

How sweet it is!

GG.marlene
SKINCARE PROFESSIONALS

What is sugaring?

Sugaring is replacing the traditional waxing method of hair removal. The earliest references to sugaring as a method of hair removal, come from the ancient civilizations of Mesopotamia, Egypt and Greece. There are several variations of the sugaring formula available for use by professionals and not all formulas are created equal. Formulas (such as Simply Sugar) have been developed today for Spa use. The actual ingredients of these formulas, and the manufacturing methods are a closely guarded secret. The resultant sugar paste is an all-natural, anti-bacterial product that can be washed off with water.

Those performing sugaring are required to have an esthetician's license. Formula creators and companies (such as Simply Sugaring) require that the esthetician take a sixteen hour training course by a professional representative of the manufacturer.

Effectiveness and Safety

Sugaring is more effective than waxing because the hair is extracted in the direction it grows, allowing more hair to be removed by the root creating less chance of ingrown hair. Sugaring is gentler on the skin because it only adheres to the dead cells rather than the live skin thereby eliminating redness and avoiding damage to the skin. Correctly applied, sugaring will never burn the skin because it is applied at room temperature

Sugaring is very sanitary. There is no double dipping (as happens with waxing), and it is a natural anti-bacterial product. Sugaring is less painful than waxing because hair is removed in the direction of growth, unlike waxing in which hair is pulled out against the growth. As the sugar is molded on to the skin, the sugar paste melts and the hair follicle entraps the unwanted hair from the root bulb. The hair is lifted out of the follicle by the root in the natural direction of hair growth.

Sugaring is suitable for both men and women and may be applied to any part of the body. Treatment should be carried out at least every 2-3 weeks. In some cases, this has led to permanent hair removal. It is a very gentle method of hair removal with far less pain than the traditional wax method. Many who try and convert to sugaring do not go back to waxing.

Gigi Fisher is the owner of GG.Marlene (www.ggmarlene.com), a Spa located at 4600 Military Trail, Suite 109 located on the Northwest corner of Military Trail and University Boulevard specializing in skin care, massage therapy, sugar hair removal and body treatment. Gigi Fisher is also an educator for Simply Sugar in Palm Beach and Martin counties.

For more information, please call 561-799-0110 or email (skincare@ggmarlene.com)